



COUNTY OF SAN BENITO, STATE OF CALIFORNIA

BEHAVIORAL HEALTH BOARD

1131 COMMUNITY PARKWAY
HOLLISTER, CA 95023
PHONE (831) 636-4020

Minutes

Date: Thursday, October 21, 2021, Behavioral Health Board Meeting

Time: 12:00 p.m. to 1:30 p.m. (Zoom & Telephone-Conference Meeting)

Place: San Benito County Behavioral Health Department
1131 Community Parkway, Hollister, CA 95023
And Zoom Option Attendance

BH Members: Margie Barrios, Pat Loe, Rosemary Apodaca, Sherry Holmquist,
Dan Sanidad, Tina Garza, Ann Carrillo, Pam Holmquist,
Supervisor Bob Tiffany, (Supervisor Bea Gonzales as Adhoc Committee
appointee)

Absent: None.

Others Present: Alan Yamamoto, Rachel White, Maria Sanchez, Grizelle Rios, Maxe
Cendana, Juan Gutiérrez, Elizabeth Lopez, Nancy Abellera, Jazmin
Williams

Recorder: Geraldine Arce

1) CALL MEETING TO ORDER:

- a. 12:07 P.M.

2) ROLL CALL:

- a. Sign in sheet was distributed and introductions were made. Quorum was met.

3) INTRODUCTIONS:

- a. Board members and staff members introduced themselves.
- b. Guests
 - a. Gary Ernst
 - b. Nancy Callahan
 - c. Kathy Tiffany

4) CERTIFICATE OF POSTING:

- a. Yes

5) PUBLIC COMMENT:

- a. None.

6) MINUTES – ACTION:

- a. Minutes reviewed and approved.
 - a. Margie abstained
 - b. M/S/C

7) CORRESPONDENCE:

- a. None.

8) OLD BUSINESS:

- a. Alan addressed Bob’s questions from the last meeting about the portion of MHSA funding that goes unspent and whether there’s a way(s) of utilizing the excess funds.
 - a. Explained that the \$8M is a rolling funds balance figure that’s been accumulating over the years. SBC-BH has ideas on the use of the funds. It’s a balance of making sure we don’t end up allocating expenditures that in the future we can’t support while also not underspending.
 - b. Recruitment is one area where the funds could be used. It’s been a challenge to fill open positions though especially clinicians. It is a statewide issue, but is more of a challenge for SBC-BH because of competitors offering better pay etc.
 - (1) We have tried contracting out on-call clinicians.
 - (a) Alan explained the process of on-call clinicians who currently receive approximately \$250/per week standby when assigned to cover On-Call, plus time and a half when they are engaged in active duty.
 - (b) Pam asked about the possibility of partnering with Hazel Hawkins for inpatient services to be in line with other counties who have partnerships between their mental health hospitals. Alan explained that it’s possible but probably unlikely because of the expenses of building an inpatient unit for the hospital which already has financial constraints.
 - (2) SBC-BH has offered in the past to help with student loans as part of an MHSA Workforce Education and Training Project and it was a recruitment incentive.
- b. Related recruitment discussion on fiscal incentives
 - a. Alan said we are proposing to offer a stipend of 7.5% increase applied to their current salaries for on-call clinicians and Case Managers.
 - b. Gary added that the other competition for clinicians are schools who are offering them better pay, schedules with large blocks of time off and insurance benefits more favorable than the County.
 - (1) Alan reflected that our new insurance coverage through CalPERS appears to have actually increased costs for employees rather than decrease them which doesn’t help in our recruitment efforts.

9) CHAIRPERSON REPORT: (Margie Barrios)

- a. Commended SAFE Team for the great service and hope that they continue it.
- b. Thanked the staff for all the efforts that went into the comprehensive MHSA fund report.
- c. Proposed the BH Board to meet on Thursday, November 18th for the combined November-December holiday meeting. Members approved it. SBC-BH will provide the food rather than doing a potluck to continue with Covid precautions.

10) ESPERANZA CENTER AND S.A.F.E. TEAM UPDATES: (Nancy Abellera)

- a. The center continues to be open Mondays, Wednesdays and Fridays 10am-12pm. Good attendance remains consistent. We continue to offer at Esperanza groups that include art,

- creative writing, independent living class, and depression & anxiety rehab.
- b. We're planning a Halloween event for Friday 10/29 at the Esperanza Center 10am-12pm.
- c. We are continuing with the development of the HPD partnership and going out consistently on calls. We are tracking our data which shows that our services are working.
- d. Able to safety plan most clients in the field, connect clients engaged in the community with resources, connect to appointments at SBC-BH as well as other community partners, and circle back with the clients on their current status.
- e. Alan added that we plan to add a SUDS counselor to the SAFE Team to assist with community members who are under the influence of drugs or alcohol.

11) CALIFORNIA BEHAVIORAL HEALTH PLANNING COUNCIL DATA NOTEBOOK PROJECT PRESENTATION BY NANCY CALAHAN WITH IDEA CONSULTING

- a. Nancy Callahan explained that every year we work on the Data Notebook from the State Behavioral Health Planning Council which focusses on the system of care that SBC-BH provides to clients and the community. This year's Data Notebook questions are centered around racial and ethnic inequalities in mental health.
- b. In past years Nancy and a work group of BH Board members meets with Nancy to compile the information to complete the report. Margie, Rosemary and Dan volunteered to do it this year.
- c. The committee will plan a first meeting next week and report back to the Board members at the next meeting.

12) DIRECTOR'S REPORT:

- a. Alan asked the Behavioral Health staff who are supervising the programs to provide further information and updates.
- b. Innovation MI Diversion and Reentry Court Project Implementation (Maria Sanchez)
 - a. Continuing to go really well. One client graduated yesterday from drug court. The judge praised the case managers at the court hearing for the work in helping the client progress.
- c. PEI School Based Case Management Services and Related Updates to Campuses Opening (Maria Sanchez)
 - a. So far this year we haven't had many referrals due primarily to the misconceptions about our services at the schools. We plan to do some outreach and education.
 - b. San Benito High School and Anzar High School are responding positively to our services and have requested more support.

13) QUALITY IMPROVEMENT UPDATES: (Maxe Cendana and Grizelle Rios)

- a. We met with Chamberlain's Group Homes earlier in the year. A site visit has been scheduled for next week for 3 QI supervisors to meet at Chamberlain's.
- b. For SUDS (substance use disorders), we completed a state required internal monitoring of our contractors. The results were good and reflected that the contractor providers, who are extensions of our services, are following requirements. We are working on any items identified for improvements. The process has helped us build an even stronger partnership with the contractors.

14) UPDATES ON SUBSTANCE USE DISORDERS SERVICES: (Elizabeth Lopez)

- a. As reported earlier, we had one graduate from drug court. It was the first one since Covid started. Attendees of the graduation including SBC-BH staff shared what they learned through drug court.

- b. The Red Ribbon Event is this Saturday 10/23 at 8:30am-1pm including a 5k run and festival. There will be a lot of community involvement including for goodie bags and giveaways.
 - (1) There will be an Art Council meeting today at 2pm to review the display of artwork submitted by students for the art contest.
 - (2) Flyers were distributed during the meeting.
- c. We hope to launch soon IOP services (Intensive Outpatient Services). We are continuing to grow our services and rebuilding our partnerships including with youth services.

15) RECRUITMENT AND NEW HIRE PERSONNEL UPDATES: (Rachel White)

- a. MH Clinicians – recruiting
- b. Case Managers – 1 needed
- c. SUDS Clinician – team is full
- d. QI Supervisor – team is full
- e. BH Clinical Supervisor Adults/Older Adults, Children and Youth – recruiting
- f. Office Assistants – OA 1 will start on 11/1
- g. Director of Administrative Services – 1 needed
- h. MH Nurse – team is full

Board Members have scheduled their next meeting at SBCBH on Thursday, November 18, 2021, at 12:00 pm at 1131 Community Parkway and via Zoom.

Dates for future meetings are scheduled for the (3rd) third Thursday of every month at 12:00 pm. to 1:30 pm. No meeting is scheduled for the month of August, and the November and December meetings are combined as a holiday potluck luncheon meeting scheduled in December.

ANY MEETING DATE MAY BE SUBJECT TO CHANGE UPON BEHAVIORAL HEALTH BOARD APPROVAL.

ADJOURNMENT at 1:22 p.m.

CC: Alan Yamamoto, Director