

# COUNTY OF SAN BENITO, STATE OF CALIFORNIA

#### BEHAVIORAL HEALTH BOARD

1131 COMMUNITY PARKWAY HOLLISTER, CA 95023 PHONE (831) 636-4020

# **Minutes**

Date: Thursday, November 18, 2021, Behavioral Health Board Meeting

Time: 12:00 p.m. to 1:30 p.m. (Zoom & Telephone-Conference Meeting)

Place: San Benito County Behavioral Health Department

1131 Community Parkway, Hollister, CA 95023

And Zoom Option Attendance

BH Members: Margie Barrios, Pat Loe, Rosemary "Rosa" Apodaca, Sherry Holmquist,

Dan Sanidad, Ann Carrillo, Pam Holmquist, (Supervisor Bea Gonzales as

Adhoc Committee appointee)

Absent: Tina Garza, Supervisor Bob Tiffany

Others Present: Alan Yamamoto, Rachel White, Grizelle Rios, Maxe Cendana, Juan

Gutierrez, Elizabeth Lopez, Nancy Abellera, Jazmin Williams, Amy Bravo,

Nancy Callahan

Recorder: Molly Ramer

#### 1) CALL MEETING TO ORDER:

**a.** 12:09 P.M.

# 2) INTRODUCTIONS:

- **a.** Board members and staff members introduced themselves.
- **b.** New introductions/guests
  - a. Amy Bravo
  - b. Nancy Callahan

#### 3) ROLL CALL:

**a.** Sign in sheet was distributed and introductions were made. Quorum was met.

#### 4) CERTIFICATE OF POSTING:

a. Yes

#### 5) PUBLIC COMMENT:

Pam Holmquist provided an update on the upcoming closure of Chamberlains Youth Services on December 31<sup>st</sup>. Main reason for closure is connected to Covid and staffing issues. Alan commented that there have been heightened fiscal constraints on facilities like

Chamberlains recently brought to the attention of behavioral health directors. Facilities with over sixteen (16) beds cannot bill Medi-Cal for their mental health services. Rosa added that former staff have found new employment with the district. Rebekah's Children Services may be interested in the property once available.

a. Plan is to have the last four youth at the facility to remain through Christmas for a special holiday, then find placement prior to the December 31<sup>st</sup> closure.

#### 6) MINUTES – ACTION:

- a. Minutes reviewed and approved.
  - a. No discussion
  - b. M/S/C

## 7) CORRESPONDENCE:

**a.** Per Alan, only items associated with the agenda.

# 8) OLD BUSINESS:

**a.** Discussions to be tabled until meeting in January.

## 9) **CHAIRPERSON REPORT:** (Margie Barrios)

- **a.** Since the last meeting there have not been any trainings attended.
- **b.** Pat and Bea moved for Board election discussions to be held during January meeting due to attendance.
  - a. M/S/C

# 10) ESPERANZA CENTER AND S.A.F.E. TEAM UPDATES: (Nancy Abellera)

**a.** Nancy announced that a talent show will be hosted by the peers at the Esperanza Center on December 10<sup>th</sup> from 10-12.

# 11) CALIFORNIA BEHAVIORAL HEALTH PLANNING COUNCIL DATA NOTEBOOK PROJECT PRESENTATION BY NANCY CALAHAN WITH IDEA CONSULTING

- **a.** Nancy Callahan explained that every year we work on the Data Notebook from the State Behavioral Health Planning Council which focusses on the system of care that SBC-BH provides to clients and the community. This year's Data Notebook questions focused on adult residential care. Once approved by the BH Board, a survey monkey will be sent out with the questions in the Data Notebook.
- **b.** Nancy from Idea Consulting worked with Margie, Rosemary, and Dan to compile Data Notebook.
- **c.** Nancy Callahan reviewed the questions and opened the room to discussion regarding the selections.
- **d.** Margie presented question regarding transitional housing implemented in FY20-21. BH Board approved to check transitional housing as a new program in the county in the Data Notebook.
- **e.** Alan provided clarification that Mental Health would not be the one placing any children in a group home setting, it would be CPS placing youth.
- **f.** Nancy recommends that we request PDF format for future reports rather than word documents. Data does not include number of individuals but instead features percentages, so it does not give a thorough break down of client demographics. Nancy offered her team to provide data at the beginning of the year to look at an accurate number of served

- individuals broken down by age, race, ethnicity, gender. Would prove beneficial for the EQRO review that is data driven.
- **g.** Juan noted that SBCBH does provide presentations to the migrant worker population. Nancy A. stated that it may be dependent on how we address the question, may not technically be a barrier but a reminder to be mindful of continued effort for outreach. Margie recommended it be removed as a barrier, the Board members agreed, and box was unselected from the Data Notebook.
- **h.** Pat recommended that the selection for White population be moved to "very positive" for the impact of use of Telehealth for access relating it to her personal experience with the service.
- **i.** Pam asked a question regarding tribal nations in San Benito County. Alan clarified that there are no federally recognized tribes in the county so it would not qualify for the report.
- **j.** With approval from the BH Board members, Nancy to submit the Data Notebook tomorrow and follow up with the survey monkey.
  - i) M/S/C

## 12) DIRECTOR'S REPORT:

- **a.** The San Benito County CAO requested a list of SBCBH contracts along with reasoning behind contract and RFP status.
  - a. Alan explained the meaning behind Locums Tenems and how those types of agencies relate to contracts for Psychiatrists. Mental Health clinics and hospitals often have difficulty procuring psychiatrists so staffing agencies are used to help link hard to find providers to facilities.
  - b. San Benito County Behavioral Health has previously and is currently contracted with Locums Tenems like Dr. Wanted, Sumo Medical Staffing, Kingsview, and Traditions Behavioral Health.
  - c. Psychiatrists have a high reimbursement rate through Medi-Cal billing. There is a documentation MediCal reimbursement rate of \$8.85 per minute.
    - (1) Bea responded that if the Locums Tenems process was explained at the Board of Supervisors like it was during the BH board meeting, specifically regarding the high reimbursement rate, it may alleviate some of the pressure implemented by the board when reviewing contracts and RFP processes. Further explanation may assist in the decision-making process.
    - (2) Pat mentioned a noticeable improvement in the services available in the community from the use of Telehealth. There is better quality of doctors being incorporated with the option of Telehealth.
    - (3) Rosa has been pleased with her son's services through Telehealth. Her son reports liking the psychiatrist but requests at least one in person visit per year.
      - (a) Alan stated that this is a part of at least one of the Telehealth psychiatrist's contracts to work on site once per month. Difficulty following through with in person visits in FY20-21 due to the Covid-19 pandemic.
- **b.** Advent Group Ministries and Tarzana will be presented for approval at next Board of Supervisors meeting in December.
  - (1) SBCBH is mandated due to being an outpatient drug service that is a component of the Organized Drug Services (ODS) program waiver for the substance use disorder program to have various types of residential programs. One requirement of the contract is to have a youth residential treatment program available.
  - (2) Advent Group Ministries a provider of youth residential substance abuse treatment service was presented to the Board of Supervisors previously and was not passed because it was thought that due to the religious affiliations that religion would be

- pushed on individuals receiving services at the facility. The executive director has since provided a letter clarifying that religion would not be forced or pushed on anyone under their care.
- (3) Tarzana is an alternate youth residential facility that does not have any religious affiliation; however, it is in Los Angeles.
  - (i) Bea will advocate for Advent Group Ministries as an appropriate youth residential facility over Tarzana due to its proximity and location in Morgan Hill.
- (4) The ODS pilot program has provided a large increase in Medi-Cal revenue going from an average of \$8,000 a month to \$40,000 a month in MediCal revenue reimbursement.
- **c.** Aurora Behavioral Health, a disproportionate share hospital, is a state regulated hospital that DHCS recognizes as a "safety net" hospital that provides services to a large portion of Medi-Cal recipients.
- **d.** Margie made a motion to table further contract reviews until the next meeting in January due to time constraints. CAO has requested full contract review to be presented at BOS meeting in December, BH Board approved to have contracts presented prior to full report at January meeting. Bea recommended to update contract list presentation with location and population served.
- e. PEI School Based Case Management Services and Related Updates to Campuses Opening (Maria Sanchez)
  - a. Discussions to be tabled until meeting in January.
- 13) **QUALITY IMPROVEMENT UPDATES:** (Maxe Cendana and Grizelle Rios)
  - **a.** Discussions to be tabled until meeting in January.
- 14) UPDATES ON SUBSTANCE USE DISORDERS SERVICES: (Elizabeth Lopez)
  - **a.** Discussions to be tabled until meeting in January.
- 15)) RECRUITMENT AND NEW HIRE PERSONNEL UPDATES: (Rachel White)
  - **a.** Discussions to be tabled until meeting in January.

Board Members have scheduled their next meeting at SBCBH on Thursday, January 22, 2022, at 12:00 pm at 1131 Community Parkway and via Zoom.

Dates for future meetings are scheduled for the (3<sup>rd</sup>) third Thursday of every month at 12:00 pm. to 1:30 pm. No meeting is scheduled for the month of August, and the November and December meetings are combined as a holiday potluck luncheon meeting scheduled in December.

ANY MEETING DATE MAY BE SUBJECT TO CHANGE UPON BEHAVIORAL HEALTH BOARD APPROVAL.

# ADJOURNMENT at 1:36 p.m.

CC: Alan Yamamoto, Director